## Odisha University of Health Sciences Dhanwantari Bhavan, Bhubaneswar, Odisha

# LOG BOOK For POST GRADUATE STUDENTS

Department of: ORTHOPEDICS	
Name of the Institution:	

Prepared by: Log book Committee (Broad Specialties) 2023 OUHS, Bhubaneswar

## ODISHA UNIVERSITY OF HEALTH SCIENCES, DHANWANTARI BHAVAN, BHUBANESWAR.

## LOG BOOK for POST GRADUATE STUDENTS

**Department of: ORTHOPEDICS** 

Name of the Institution:	

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### **CERTIFICATE**

D		•	·	iis logbook (				of a P	ost-
				Departmen					
	Student			_		for			
Date:		_•							
Post Gradua	te Guide					Hea	d of the I	Departn	nent
				Dean & Princip	oal				

#### **GENERAL INSTRUCTIONS:**

This log book is intended to be a record of all the activities of Postgraduate students, as they perform and participate in the course, including training.

- 1. It shall solely be the responsibility of the student to ensure that, the desired entries are made in day-to-day basis and relevant documents if any are kept.
- 2. It shall be the responsibility of the HOD to ensure that, all students maintain their log books in an orderly manner.
- 3. Each student shall enter his/her leave record in the concerned section immediately after returning from leave.
- 4. The learners feedback form should be filled up before submitting the log book for the University Examination. It is expected that, students should give their feedback with all seriousness and help the University in improving and strengthening the Postgraduate education.
- 5. Submission of Logbook: The up-to-date log book is a pre-requisite for fill up of forms for the University Examination and hence the completed Logbook shall be submitted to the department when the same is asked for.
- 6. INSTRUCTIONS FOR FILLING THE LOG BOOK:

would	Note: All assessments be in Likert's5- ale/score:				
Score	Interpretation				
0	Poor				
1	Below average				
2	Average				
3	Good				
4	Very good				

- a. All entries should be properly entered and duly signed from the Supervisor / Unit In charges / Guide / HOD, as required.
- b. Under Instructions from the Head of Department, suitable corrections can be incorporated.
- c. Research participation pertaining to Conferences, Poster / Oral presentation and publication shall be entered directly in a Consolidated form.
- d. At the end of training, it's mandatory to fill up the feedback form and submit it to Postgraduate Office.
- e. It is an integral part of practical evaluation in the University examination.
- f. After the practical examination it shall be returned back to the student.
- g. There would be periodic evaluation regarding maintenance of log book by Postgraduate education office, and in case of any deficiency, the student would be responsible and suitable action may be taken against them for the same.
- h. Additional pages [if required] can be added.

#### **PERSONAL PROFILE OF THE STUDENT:**

Name: Address: E-mail ID: Phone No.: DOB (dd/mm/yy): Blood group:						your PP size notograph
Vaccination status:  Registration Number:	Name of the Medical C	Council:			Valid	up to:
OUHS Registration N	umber:					
Qualification Details	College		Un	iversity		Month & Year of completion
MBBS						
Experience before join	ing:					
Designation	Department	Ins	titution	Fro	m	То

Date: Signature of the PG student

#### **COURSE DETAILS:**

Degree / Diploma	
Date of Joining	Date of completion

#### **Details of Postings [as per Curriculum by NMC]:**

Unit / Specialty / Section	Year of PGT	From	To	Duration

#### Participation in Research Methodology training:

Name of the Institution	From	То	Signature of the Guide / HOD

#### Participation in BCBR Course

Name institut	the	Date of registration	Date examination	the	Date publication result	Signature the HOD	of

#### **Participation in BCME training:**

Name of the Institution	From	To	Signature of the HOD

#### Participation in BCLS / ACLS training:

Name of the Institution	From	To	Signature of the HOD

#### **Leave record:**

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Total No. of Leaves				

**Signature & Seal of the Head of Department** 

	DETAILS OF PARTICIPATION IN ACADEMIC PROGRAMS:											
SI. No.	Date	Name of the Academic Program	International / National / State / Institutional Event	Organized by	Nature of participation [Delegate / Presentation if any]	Initials of the HOD						
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PUBLICATIONs						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						

#### **Internal Assessment Results:**

Year		Theory [100]	Practical/Clinical/	Total out of
			Oral [100]	200 [%]
1 <sup>ST</sup>	I			
	II			
	III			
2 <sup>ND</sup>	I			
	II			
	III			
3 <sup>RD</sup>	I			
	Prelims			_

Date:

**Signature & Seal of the Head of Department** 

#### DETAILS OF THE DRP SCHEDULE [AS PER CURRICULUM BY NMC]:

Name of the Institution	Year of PGT	From	To	Duration

Sl. No.	Day / Date	Place of work	Nature of work	<ul> <li>Activity learn</li> <li>[Should include:</li> <li>1. Patient care / Diagnostic services as per the subject.</li> <li>2. Health care Management activities both HR &amp; Logistics, Communication skill.</li> <li>3. Team work</li> </ul>	Level of participation [Observation / Performs under observation / Performs independently]	Signature of the DRPC
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		REF	LECTIONS		
		KDI	<u> </u>		

#### CERTIFICATE OF COMPLETION OF DISTRICT RESIDENCY PROGRAM

t is certified that Dr.	has
atisfactorily completed the District Residency program w.e.f.	_to
During his/her District Residency Program training	at
District, his / her performance has been reported to	be
·	
Department: Date: Place:	
Signature of Guide / Mentor Signature of Head of Department	
Signature of the District Residency Program Coordinator	
Signature of the Medical Superintendent	
Signature of the CDM PHO	

#### **STRUCTURED TRAINING PROGRAM:**

#### Teaching learning methods:

- 1. Lectures: minimum.
- 2. Studens seminar: once a week.
- 3. Journal club: once in 1-2 weeks.
- 4. Laboratory work / Bedside Clinic: once in 1 2 weeks.
- 5. Student symposium: twice a month.
- 6. Interdepartmental colloquium: once monthly.
- 7. Ortho-radiology meet: once in 1-2 weeks.
- 8. Ortho-surgical-pathological meet: once in 1-2 weeks.
- 9. Skill lab sessions: twice a month.
- 10. Rotational clinical / community / institutional postings:

Sl.	Section / Subject	Duration in months
No		
1	A major portion of posting should be in Orthopaedics	
	department. It should include inpatients, out-patients,	
	ICU, trauma, emergency room and speciality clinics.	
2	Inter-unit rotation in the department	12
3	Rotation in appropriate related subspecialties	6

#### 11. UG Teaching:

Evaluation	Evaluation of STUDENTS SEMINAR PRESENTATION:						
Guideline	Guidelines for evaluation of Seminar Presentation						
SI. No.	Points to be considered						
1	Whether other relevant publications consulted						
2	Whether cross references have been consulted						
3	Completeness of preparation						
4	Clarity of Presentation						
5	Understanding of subject						
6	Ability to answer questions						
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Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.

SI. No.	Date	Seminar Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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			RNAL REVIEW PRESENTATION:							
Guidel SI. No.			nation of Journal Review Presentation to be considered							
<u> 51. No.</u> 1			chosen is relevant and appropriate							
2			Extent of understanding of scope & objectives of the paper by the candidate							
3			er understanding of scope & objectives of the per understood the Material, Methods, Observati							
<u>3</u> 4			er cross references have been consulted	on and statistical a	ilalysis					
5			to respond to questions on the paper / subject	1 1 1						
6			to analyse the paper and co-relate with the exist	sting knowledge						
7			to defend the paper							
8			of presentation							
Ī	ary Gra	ading in	all checklists: Poor-0, Satisfactory-1, Average			1				
SI. No.	Da	ate	Journal Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator			
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Evaluat	Evaluation of LABORATORY WORK / BEDSIDE CLINIC:							
Guideli	Guidelines for evaluation of Laboratory work / Bedside clinic							
SI. No.	Points to l	Points to be considered						
1	Clarity of	Clarity of Presentation						
2	Completen	ness of history						
3	Ability to a	arrive at a differential diagnosis & diagnosis						
4	Ability to	defend the diagnosis						
5	Ability to a	answer questions						
6	Understanding of subject							
Corollar	ry Grading in al	l checklists: Poor-0, Satisfactory-1, Average-2	, Good-3, Very G	lood-4.				
SI. No.	Date	Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator		
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		DENTS SYMPOSIUM:							
		uation of Students symposium							
SI. No.		to be considered							
1	Whethe	Whether other relevant publications consulted							
2		Whether cross references have been consulted							
3	Comple	eteness of preparation							
4		of Presentation							
5		tanding of subject							
6		to answer questions							
Coroll	ary Grading in	all checklists: Poor-0, Satisfactory-1, Aver	age-2, Good-3, Very C	Good-4.					
SI. No.	Date	Торіс	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator			
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Evaluation of INTERDEPARTMENTAL COLLOQUIUM: Guidelines for evaluation:						
SI. No.		be considered				
1		ness of history				
2		presentation				
3	Logical or					
4	Accuracy	of general physical examination				
5	Diagnosis					
6	Ability to	defend diagnosis				
7		justify differential diagnosis				
8	Ability to	plan management of the case				
Corollary	Grading in a	Il checklists: Poor-0, Satisfactory-1, Average-2,	Good-3, Very Good-4.			
SI. No.	Date	Case History	Diagnosis	Presentation / Participation	Initial of the Guide / HOD	
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Evalu	ation of Orth	o-Radiology Meet:						
	lines for eval							
SI. No.	Points	Points to be considered						
1	Comple	eteness of history						
2		of presentation						
3	Logical							
4		cy of general physical examination						
5	Diagno							
6		to defend diagnosis						
7		to justify differential diagnosis						
8		to plan management of the case						
Coroll	ary Grading ii	all checklists: Poor-0, Satisfactory-1, Average	e-2, Good-3, Very G	food-4.				
SI. No.	Date	Seminar Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator		
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		o-Surgical-Pathological Meet:				
Guide SI. No.	lines for eval	uation: to be considered				
<u>51. No.</u> 1		teness of history				
2		of presentation				
3	Logical					
<u></u> 4		cy of general physical examination				
5	Diagno					
6		to defend diagnosis				
7		to justify differential diagnosis				
8		to plan management of the case				
Coroll		all checklists: Poor-0, Satisfactory-1, Average	ge-2, Good-3, Very C	Good-4.		
SI. No.	Date	Seminar Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator
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SKILL LAB SESSIONS:							
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Evaluatio	Evaluation of UG Teaching Skills:				
Guidelin	Guidelines for evaluation of UG Teaching skills:				
SI. No.	Points to be considered				
1	Communication of the purpose of the talk				
2	Evokes the interest of audience in the subject				
3	Introduction & Sequence of ideas				
4	Speaking style [enjoyable / monotonous etc., specify]				
5	Attempts audience participation				
6	Answer the questions asked by the audience				
7	Summary of the main points at the end				
8	Rapport of speaker with his audience				
9	Effectiveness of the talk				
10	Use of AV aids appropriately				
Corollary Grading in all checklists: Poor-0. Satisfactory-1. Average-2. Good-3. Very Good-4.					

Corollary Grading in all checklists: Poor-0, Satisfactory-1, Average-2, Good-3, Very Good-4.

SI. No.	Date	Topic of teaching	Class / Practical / Clincs / Demos	Average Grade*	Name of the Supervising faculty	Initials of Guide/ Faculty
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# THESIS (To be submitted for registration of the Thesis topic within six months from the date of joining the

course.)	
Title of the Topic:	
Name of the Guide:	

Name of the Co-guide(s) if any:

Guidelines for evaluation of Thesis [Synopsis]									
SI. No.									
1	Interest	Interest shown in selecting a topic							
2	Approp	riate revie	w of literature						
3	Discuss	sion with g	uide and other faculty						
4	Quality	of protoco	ol .						
5	Prepara	tion of pro	oforma						
Corolla	ry Gradin	g in all che	ecklists: Poor-0, Satisfactory-1, Average-2	2, Good-3, Very Good-4.					
			<b>Evaluation of Thesis [Synopsis]:</b>						
SI. No.	Date	Average Grade*	Name of the Faculty & Designation	Initials of the Faculty					

Signature of the Candidate: Signature of the Guide Signature of the HoD:

### THESIS WORK

(To be filled before submitting the dissertation to the University & retained in this book)

Name of	the Topic:						
Name of	the Guide(s):						
Date of F	Registration o	f Thesis Topic:					
Date of a	pproval of th	e Thesis:					
Date of S	Submission of	Thesis:					
		PERIODIC EVALUATION OF THESIS V	VORK				
Guidelin	es for period	lic evaluation of Thesis					
SI. No.	Points to be	considered					
1	Periodic con	sultation with guide / co-guide					
2	Regular coll	ection of case material					
3	Discussion v	vith guide / co-guide					
4	Departmenta	al presentation of progress of work					
5		of final output					
6	Others	•					
Corollary	Grading in a	all checklists: Poor-0, Satisfactory-1, Average-2,	Good-3, Very Good-4.				
		<b>Evaluation of Thesis:</b>	, ,				
Date of the review	e Average Grade*	Name of the members of the review committee	Initials of the Guide				
12 <sup>th</sup> mont	h						
18 <sup>th</sup> mont	h						
24th mont	h						
30 <sup>th</sup> mont	30 <sup>th</sup> month						
Signatur	e of the Can	didate: Signature of the Guide	Signature of the HoD:				

#### **COMPETENCIES TO BE LEARNT:**

## 1. At the end of the first year of M.S. Orthopaedics programme, the student should be able to:

- 1. Elicit a clinical history from a patient, do a physical examination, document in a case record, order appropriate investigations and make a clinical diagnosis
- 2. Impart wound care where applicable
- 3. Apply all types of POP casts/slabs, splints and tractions as per need
- 4. Identify shock and provide resuscitation
- 5. Perform aspiration of joints and local infiltration of appropriate drugs
- 6. Perform appropriate wound debridement
- 7. Perform arthrotomy of knee joint
- 8. Perform incision and drainage of abscess
- 9. Perform split thickness skin grafting
- 10. Perform fasciotomes
- 11. Apply external fixators
- 12. Apply skeletal tractions including skull tongs
- 13. Triage a disaster situation and multiple trauma patients in an emergency room
- 14. Perform on bone models, interfragmentary compression screws, external fixation, Tension band wiring and Broad plating
- 15. Perform closed reduction of common dislocations like shoulder and common fractures like collar fracture, supracondylar fracture.
- 16. Perform on a cadaver standard surgical approaches to the musculo skeletal system

### 2. At the end of the second year of M.S. Orthopaedics course, the student should be able to:

- 1. Take an informed consent for standard orthopaedic procedures
- 2. Perform closed/open biopsies for lesions of bone, joints and soft tissues
- 3. Perform split thickness skin grafting and local flaps
- 4. Perform on bone models, internal fixation with k-wires, screws, plates. Dynamic hip/condylar screws/nailing.
- 5. Perform sequestrectomy and saucerisation
- 6. Perform arthrotomy of joints like hip/shoulder, ankle, elbow
- 7. Perform repair of open hand injuries including tendon repair
- 8. Perform arthodesis of small joints
- 9. Perform diagnostic arthroscopy on models and their patients
- 10. Perform carpal tunnel/tarsal tunnel release
- 11. Apply ilizarov external fixator
- 12. Perform soft tissue releases in contractures, tendon lengthening and correction of deformities
- 13. Perform amputations at different levels
- 14. Perform corrective surgeries for CTEV, DDH, perthes/ skeletal dysplasia

### 3. At the end of the third year of M.S. Orthopaedics programme, the student should be able to:

- 1. Assist in the surgical management of polytrauma patient
- 2. Assist in Arthroplasty surgeries of hip, knee, shoulder and the ankle
- 3. Assist in spinal decompressions and spinal stabilizations
- 4. Assist in operative arthroscopy of various joints
- 5. Assist /perform arthrodesis of major joints like hip, knee, shoulder, elbow
- 6. Assist in corrective osteotomes around the hip, pelvis, knee, elbow, finger and toes

- 7. Assist in surgical operations on benign and malignant musculoskeletal tumour including radical excision and custom prosthesis replacement.
- 8. Assist in open reduction and internal fixations of complex fractures of acetabular, pelvis, IPSI lateral floating knee/elbow injuries, shoulder girdle and hand
- 9. Assist in spinal deformity corrections
- 10. Independently perform closed/open reduction and internal fixation with DCP, LCP,intrameduallary nailing, LRS
- 11. Assist in limb lengthening procedures
- 12. Assist in Revision surgeries
- 13. Provide pre and post OP care
- 14. Perform all clinical skills as related to the speciality.

Sl.	Competency addressed	Nature of	Lev	el of comp achieved	Signature of the	
No.		Activity	0	PS	PI	Faculty
	O – Observed, PUS – Performed under supe	ervision, P1 –	Periori	nea inaepe 	naentiy 	
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## **FEEDBACK BY THE STUDENT**

(To be filled up at the time of filling up of forms for University Examination. The filled up form is to be sent in a sealed envelope addressed to the Vice-Chancellor, OUHS, Bhubaneswar. It will be opened only after the student has passed.)

	lame of Student: Department:	
	eriod of study: From to	
D	Due date of examination:	
D	Pate of submission of Thesis/Topic:	
N	Tame of Guide:	
N	Tame of H.O.D.:	
i.	Do you think that, your goal of pursuing post-graduate educa	ation in the subject is achieved: Yes/No
ii.	Do you think that, you have been trained adequately by the o	lepartment in:
	a. Professional experience	Yes/No
	b. Academic teaching	Yes/No
	c. Recent advances	Yes/No
	d. Exposure to specialist from outside the institution	Yes/No
	e. Interaction with the patients	Yes/No
	f. Interaction with the colleagues	Yes/No
	g. Interaction with seniors	Yes/No
	h. Thesis/Research	Yes/No
	i. Article preparation	Yes/No
	j. Workshop	Yes/No
	k. Conferences	Yes/No
	1. CME	Yes/No
iii.	Do you think that, you have been trained as a fairly compete	nt consultant: Yes/No
iv.	Were you harassed by your guide during the training period:	Yes/No, if yes Name &Type:
v.	What was the attitude of HOD?:	
vi.	What was attitude of other staff members:	

Any c	omment about interaction with other depts./colleague:
Hostel	l:
Extra-	curricular activity
a.	Sports
b.	Cultural
Teachi	ing aids:
Librar	y:
a.	Central
b.	Department
Work	place safety:
Defici	encies you would like to point out particularly:
Brief o	comments:

	Student appraisal form for MS in Orthopedics										
	Element		Less that tisfacto		Sa	tisfacto	ory	More than satisfactory			Comments
		1	1 2 3		4	5	6	7	8	9	
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	Scholastic Aptitude and Learning										

1.1	Has Knowledge appropriate for level of training					
1.2	Participation and contribution to learning activity (e.g., Journal Club, Seminars, CME etc.)					
1.3	Conduct of research and other scholarly activity assigned (e.g Posters, publications etc.)					
1.4	Documentation of acquisition of competence (eg. Log book)					
1.5	Performance in work based assessments					
1.6	Self- directed Learning					
2	Care of the patient					
2.1	Ability to provide patient care appropriate to level of training					
2.2	Ability to work with other members of the health care team					
	Ability to communicate appropriately and empathetically with patients families and care					
2.3	givers					
2.4	Ability to do procedures appropriate for the level of training and assigned role					
2.5	Ability to record and document work accurately and appropriate for level of training					

2.6	Participation and						
	contribution to health						
	care quality						
	improvement						
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3	<b>Professional attributes</b>						
	Responsibility and						
3.1	accountability						
	Contribution to growth of						
3.2	learning of the team						
	Conduct that is ethical						
	appropriate and						
3.3	respectful at all times						
	Space for additional						
4	comments						
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5	Disposition						
	Has this assessment been						
	discussed with the trainee?						
	16	Yes					
	If not explain						
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	Name and Signature of the						
	assesse						
	Name and Signature of the						
	assessor						
	Date						